The following seasonal chart is a guide only. The range of seasonal produce in Australia is very good as we experience a quite cold environment down in Tassie and almost tropical conditions in up north Qld. However shifts in whether patterns in more recent years has greatly impacted growing conditions and can make a seasonal chart prone to errors.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
FRUIT LIST												
Apples – Fuji												
Apples – Gala												
Apples – Gold D.												
Apples – Granny												
Apples – Pink L.												
Apricot												
Avocado												
Banana												
Berries												
Cantaloupe												
Cherry												
Grapefruit												
Honeydew												
Kiwi												
Lemon												
Lime												
Mandarin												
Nashi												
Nectarine												
Orange												
Paw Paw												
Pear												

Pineapple												
Plum												
Watermelon												
VEGETABLE LIST												
Asparagus												
Beans – green												
Boc/Pac choi												
Broccoli												
Cabbage – green												
Cabbage - red												
Capsicum – green												
Capsicum - red												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggplant												
Garlic												
Ginger												
Herbs – parsley												
Herbs – coriander												
Herbs – basil												
Leek												
Lettuce												
Lettuce mix												

Mushroom												
Onion – brown												
Onion – red												
Parsnip												
Peas in pod												
Potato												
Pumpkin												
Silverbeet / chard												
Snow peas												
Spinach bunch												
Spinach loose												
Spring onion												
Squash												
Sweet potato												
Tomato												
Turnip												
Zucchini												